IT’S OUR PRIVILEGE TO SERVE

2011 COMMUNITY BENEFIT REPORT

Kettering Health Network
At Kettering Health Network we are known for always being ready for you in an emergency. But we are also here to help manage your day-to-day health needs.

Prevention is key to managing health. That is why Kettering Health Network offers health education and routine health screenings to our community. Spiritual care is also essential to maintaining overall health. At Kettering, teams of professionals are always available to support your physical, spiritual and emotional needs.

Our mission – to improve the quality of life for our community – is based on our tradition of caring for the body, mind and spirit. That is why we provide resources to address each area of healthful living.

God Bless,
Fred Manchur
President and Chief Executive Officer
Kettering Health Network

Kettering Health Network 2011 Community Benefit
Benefits Totaling $117 Million

The Importance of Managing Health

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Always Ready

“The opening of the Huber Emergency will give crews the ability to cut transportation time, thus allowing patients to reach care faster and reduce turn-around time for the medic unit. It will provide the same positive impact for many of the surrounding departments.”

-Mark Ashworth
Fire Chief of the City of Huber Heights

On August 14, 2011, Huber Health Center added an Emergency Department to serve the Huber Heights community. This $9 million project brought more than 40 new employees to the Huber Health Center. Along with 12 treatment rooms, the new facility has a triage room, an ortho-cast room, respiratory therapy services and a complex room.

Residents in Huber Heights and surrounding areas now have 10 minute access to emergency services. This is so critical when you have a health crisis.

Doris Studebaker had heard the warnings – women should take action at the first sign of a heart attack. So when she felt crushing pain in her chest, she took action to find help. Doris was glad there was an Emergency Room close to her home in Huber Heights.

“When I got there, a security guard escorted me back to the ER,” says Doris. “I was impressed how quickly I received treatment to reduce the pain.”

After running tests, the physician informed Doris that she wasn’t having a heart attack, and staff arranged a transfer to Grandview Medical Center for further testing.

The care that impressed Doris at Huber Emergency carried over to her visit at Grandview. “When we got to Grandview and told the doctor our last name, he remembered operating on my brother-in-law 10 years ago,” said Doris. “Once you talk to a nurse or a doctor and have some kind of connection, everything changes.”

Doris was diagnosed with esophageal spasms, a condition that she returned to Huber Emergency to treat again a couple months later. For Doris, she will continue to return to Huber Emergency, not just for the convenient location, but for the people.

“I can’t say enough good things about this place. It was the people that were there. The staff is great…very caring.”
Community Outreach

MAN UP! Know Your Stats

That was the message to men November 1 during Kettering Health Network’s first ever MAN UP! Know Your Stats Men’s Health Event at Trent Arena.

Dr. Safwat Zaki, director of Robotics and Urological Surgeries, spoke about the second leading cancer cause of death in men — prostate cancer.

NFL Hall of Famer, Lynn Swann closed the event and talked about life in the NFL and the importance of men’s health. Swann spoke specifically about the importance of prostate health and why men need tested regularly after the age of 40.

Healthy Fall Fest

Community members enjoyed games, live entertainment, health education, door prizes, healthy ice cream choices, and more.

The 2011 event held an extra special meaning as Kettering Health Network and community members commemorated the 10 year anniversary of September 11th.

Preble County Health Fair

Preble County Medical Center teamed up with the local YMCA to promote health and fitness in Eaton, Ohio with a free health fair. The event included free screenings, health education, and flu shots for $20.

Greene’s 60th Anniversary Celebration

The hospital hosted an open house on the lawn of the hospital. The event featured free picnic style food, birthday cake, activities for children, and health screenings. The open house also gave residents an opportunity to tour Greene and meet new president, Terry Burns.

Kettering Health Outreach Gets Recognized

Dear Kettering Medical Center,

I would like to extend our sincere appreciation to you, and especially the four very good nurses for making our Safety Day celebration yesterday a big success. The Blood Pressure Screening and Body Composition Analysis was extremely well received by our employees. I think we all were educated and made us take a more serious look at our own health. We truly enjoyed having you and are very lucky to have such a fine group to take care and look at for us in our city. I hope we can do it again next year.

Thank you.

Jason S. Gray
Deputy Director, National Archives and Records Administration-Dayton

Health Outreach by the numbers

A talented group of individuals, affectionately referred to as k-crew, take wellness on the road. They support community and corporate events with education and health screenings.

526 Education Events
29,855 Attendees
384 Screening Events
11,172 People Screened

63% showed an abnormal screen.
Health education and/or follow-up care was available to improve the health of these individuals.

Outreach
Simple, Quick, Lifesaving Tests

Heart Disease is the preventable silent killer. Kettering Health Network helps to improve and maintain heart health in the community by providing affordable, self-pay heart specific screenings.

Cynthia's Story

At her annual check-up, Cynthia Perander’s physician suggested she have a heart screen. In her 50s, she never thought of herself as “old” and in need of heart testing. She wasn’t overweight and she didn’t have heart problems. Her physician explained that he ordered the heart screen for all patients over a certain age.

Reluctantly, Cynthia made the heart screen appointment with Cardiovascular Disease Detection and Prevention Center at Kettering Health Network. A little nervous but sure that she had nothing to worry about, Cynthia was shocked by the results of the quick, non-invasive ultrasound exam, also known as CMIT. Cynthia’s test results showed 60 percent blockage. After returning to her primary care physician and going over the results, Cynthia began a prescription medication to help eliminate the blockage. One year later, Cynthia returned for another heart screening and was pleased to discover her blockage, risk for heart disease, and stroke were gone!

“After hearing the shocking results of the heart screen, I recommend everyone get screened. Especially those with risk factors” says Cynthia. “It saved my life!”

Heart to Heart

The 23rd annual Heart to Heart performance featured the “Empress of Soul,” Gladys Knight.

But the annual event is more than a great performance, more than a fundraiser, and more than a tradition. It is, above all, an opportunity to touch many lives.

The 2011 Heart to Heart generated funds to enhance the heart health of our community by providing the very latest in high definition, 3D heart imaging in every heart patient’s room at Kettering Medical Center. This technology allows the physician to show each patient their own heart—just as their physician or surgeon does. This is another first for the Dayton area and will be a vital tool in patient education, disease prevention, and medical care.

By The Numbers
1563 Heart Screenings
1064 Abnormal Findings
Healthy Hearts For Women
3 Events
53 Screened
48 Abnormal
Online Risk Assessment
986 Assessed their Risk

By the Numbers
10 3D imaging machines purchased with Heart to Heart Funds
$329,759 Funds Raised
1489 Tickets Sold
Employee Wellness

Get Up!
Kettering Health Network partnered with Montgomery County in the Get Up Healthy Hospital Challenge. The program challenged the local health systems to encourage their employees in a friendly competition. Employees won points for the hospital by adopting the 5-2-1-Almost None lifestyle.

Walking for Impact
Greene Memorial Hospital hosted the 18th Annual Circle of Victory Cancer Awareness Walk. Over 180 walkers raised $17,000 to provide assistance to cancer patients.

Early Detection is the Best Protection
During challenging economic times, many women struggle to meet their day-to-day expenses and often ignore their own health needs. To bridge this healthcare dilemma, Kettering Medical Center Foundation established the Women’s Wellness Fund in 1995. This fund provides potentially lifesaving breast imaging services to underinsured or underserved Dayton-area women. Over the years, the fund has raised approximately $1 million.

Nancy, a recipient of the Women’s Wellness Fund, said, “The mammogram was like a gift, and it came with peace of mind.” Women like Nancy, in fact, have received breast imaging services, diagnostic services, and prosthetic apparel.

Kettering has also partnered with the Cincinnati-Susan G. Komen affiliate to reach additional counties in our area. These counties include Preble, Miami, and Greene Counties. An anonymous recipient states it best, “Thank you to the Walk fund for making affordable health care available, you could be a lifesaver. Thank you, Thank you, and God bless.”

Raising Awareness

“The mammogram was like a gift, and it came with peace of mind.”
- Nancy

A recipient of a free mammogram courtesy of the Women’s Wellness Fund

Since its inception, hundreds of men, women, and children have benefited from the Circle of Victory Fund. The requirements are: reside in Greene County, diagnosed with cancer, show financial need, and receive treatment at Greene Memorial, if appropriate.
Faith

Finding God in the everyday
If you are facing a medical challenge, you can have an inner confidence by inviting God as the Great Physician into your experience. There is a direct correlation between daily spiritual habits and having a positive outlook. What makes people of faith strong is their belief that God will carry them through their tough time, giving them the hope that stimulates positive thinking.

Week of Prayer
Kettering Health Network celebrated Week of Prayer in 2011 by finding God in the everyday. Patients, visitors, caregivers, and staff were touched each day by messages designed to inspire the mind, body, and spirit.

Health is Our Sacred Work
As a volunteer in the Spiritual Care department, I felt it an unwritten part of my job description to share the compassion of Christ with those I came in contact with during my rounds.

Sometimes a question, “Can I help?”; sometimes a reminder “God cares”; sometimes a brief prayer “hear and help us” was enough to alleviate the concerns of anxious hearts. A smile or a whispered “thank you” was ample reward.

It was part of my job, right? And then one day a young man in overalls, wearing a yellow hard hat and a bulky tool belt entered the elevator. As was my custom I said, “Have a good day” as he exited at his job site floor. He turned, smiled, and said, “Every day with the Lord is a good day!” And I was blessed.

- Trudy Johnson
Volunteer

Week of Prayer
May 16 - 20, 2011

Monday Focus
Finding God in the Ordinary
Lord help us to see God in all of life.

Tuesday Focus
Finding God in Your Thoughts
Lord help my thoughts to rejoice in Your name.

Wednesday Focus
Finding God by Just Listening
Lord, help us to hear Your assurance.

Thursday Focus
Finding God in the Dark Places
Lord, help us to know You are with us.

Friday Focus
Finding God in the Unexpected
Lord, help us to remember You are always with us.
“United Way gives us an opportunity to put our money together, no matter how large or small the donation, to help make a difference for those in need.”

- Roy G. Chew, Ph.D.
President, Kettering Medical Center
and Executive Vice President, Kettering Health Network

United Way is an important way to achieve our sacred mission of improving the quality of life for the people in our communities. Our employees are committed to keeping the community strong and vibrant. Through our employee giving campaign, each year employees donate their own money to support non-profit agencies in our communities through the United Way.

Sharing in Our Blessings
Employees gave $288,472 to support over 100 area organizations through United Way. This amount combined with a corporate gift brought 2011’s donation to $303,472.

United Way

Generosity

COMMUNITY SERVICE AWARD WINNERS
Susan Bledsoe and Laura Willis with Fred Manchur, Kettering Health Network President and CEO

IN ACTION

Susan Bledsoe, case worker at NeuroRehab and Balance Center will go to great lengths to help raise money for worthwhile causes.

She has been a Team in Training member for the Leukemia and Lymphoma Society since 2006. In support, Susan has participated in ten half-marathons and has helped raise nearly $50,000 for this charity alone.

Susan is also active in many work-place giving initiatives at Kettering Health Network including Thanksgiving dinners, school backpack drives for students, and adopt-a-family Christmas drives. And she helped organize a spaghetti dinner to offset home improvement costs for conjoined twins and their family.

Laura Willis, adjunct professor at Kettering College wants everyone to be of more service to those in need. She definitely leads by example. Laura has been involved with the Service Learning Honors Program at Kettering College for five years – one as a student, one as adjunct faculty, and three as Coordinator. In the program, she helps educate others to improve access to services and trains them to become more mission focused.

Laura also went on four mission trips in the last two years, speaks at service learning conferences, and helps find supplies and equipment for use in the mission field. Next, she plans to pursue a second Master’s degree in nursing, and hopes to eventually utilize her degrees as head of her own free clinic.
An exceptional experience for every patient, every time, everywhere.