Women with PCOS frequently complain of irregular menstrual periods, excess hair growth on face and body, weight gain or difficulty with weight loss, and infertility.

PCOS can have health implications for women long past the reproductive years, as it is associated with an increased risk for Type 2 Diabetes, coronary heart disease, dyslipidemia, anxiety and depression.

Women with PCOS frequently have elevated levels of androgens, disrupted levels of gonadotropins, elevated fasting blood glucose and insulin levels, and mixed dyslipidemia.

Kettering Reproductive Medicine (KRM) now offers a comprehensive pathway for your patients with PCOS including:

- Consultation
- Treatment
- Ongoing management and necessary referrals for
  - Skin care
  - Sleep medicine
  - Nutritional & Exercise counseling

Polycystic Ovarian Syndrome (PCOS) Management

Kettering Reproductive Medicine

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