New President at Grandview – Same Commitment to GME

Richard Manchur, formerly president of Southview Medical Center, will become the next president of Grandview Medical Center System, replacing Becky Lewis, who has retired.

Manchur joined Kettering Health Network in February 2008 as director of operational design and strategic support. He held three director-level positions with Kettering Health before he was named vice president of ancillary services in 2015.

Manchur is the son of Kettering Health Network CEO Fred Manchur and a former Dayton Business Journal “Forty Under 40” winner. He was named president of Southview Medical Center in May 2017.

Terry Burns, chief operating officer of Kettering Health Network, says “Richard has been an exemplary leader at Southview Medical Center. He brings to Grandview a spirit of collaboration with physicians, nurses and staff. He also will continue to work closely with our partners in West Dayton and the region to make sure the entire community has access to quality health care.”

Manchur has worked closely with the orthopedics and obstetrics and gynecology residency programs at Southview, and recognizes the value GME training programs bring to both the Grandview system and entire Kettering Health Network. Under Manchur’s leadership, there will be continued investment in medical education, as well as a renewed focus on recruiting the physicians we train to stay and practice in the community in order to keep Grandview growing and strong.

Manchur received a master’s degree in finance from La Sierra University in 2003, and is a member of the American College of Healthcare Executives. He chaired the American Heart Association’s 2018 Walk in Dayton, and serves on the local boards of Ronald McDonald House and March of Dimes. Richard and his wife Andrea have three children – Zori (10) and twins Boden and Misa (8).

RESIDENCY PROGRAM UPDATES

Otolaryngology (ENT)

With the help of the Grandview Foundation, the Department of Otolaryngology, Facial Plastic Surgery has been able to purchase an endoscope and OtoSkills trainer for the temporal bone lab. This equipment will be used by the residents and staff to improve and refine essential surgical skills to perform ear surgery.

The OtoSkills trainer provides a hands-on approach for residents to enhance and improve their endoscopic techniques. The trainer includes 12 different modules which present varying levels of difficulty. Each module is similar to a video game with a unique challenge. The residents and faculty greatly appreciate the Grandview Foundation’s support and assistance with the purchase of the OtoSkills Trainer and a new Endoscope.

Caleb Burrows, DO, Chief ENT Resident, operates the new OtoSkills trainer under the direction of Jimmy Prueter, DO.
**Medical Library**

With the exciting research initiatives and education programs underway at Grandview and Southview the use of the online resources is hopping! That means the use of the computer lab in the Grandview Library has been ramping up.

These are exciting times at Grandview and we want to accommodate and support the growing education programs. In past years, generous support from the Friends of the Grandview Library enabled us to achieve many of our goals of serving the medical staff. Now, our library has been transformed and we want to elevate the critical role we play in this digital age. We are on a mission to provide access to compelling, easy-to-use digital materials that will not only keep us up to date, but also support the valuable research now being done at Grandview. We are looking forward to adding more workstations to the computer lab and other areas of the Grandview Library for supporting the expanding education programs that also include our nursing workforce.

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**RESIDENCY PROGRAM UPDATES**

**Orthopedic Surgery**

The Foundation hosted alumni at a gathering during the AAOO fall conference at the Broadmoor in Colorado Springs. Lively conversation and comradery were enjoyed by those who attended.

CPT Jesse A. Raszewski, DO, MBS, PGY-1, compared the accuracy and effectiveness of a non-invasive hemoglobin device to a traditional blood draw in patients undergoing total joint arthroplasty in his poster presentation at the AAOO conference.

Logan Bushnell, DO, PGY-2, presented a Case Report at AAOO on “An Abscess of Deep Adductor Compartment of the Leg – After Placement of Trans Obturator Tape Urethral Sling.”

Cody Lane, DO, PGY-2, presented an Abstract at AAOO in October on using “Exparel to Avoid Opioids after Carpal Tunnel Surgery.”

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**Radiology**

The Diagnostic Radiology program is pleased to announce they received a status of Continued Accreditation from the ACGME in August 2019. We would like to thank all the faculty, staff and residents who have worked diligently to make this possible.

Recruitment season is in full swing. The program has received over 300 applications for the 2 positions available for 2021-2022. Thanks to the meticulous efforts of the recruitment committee, the program interviewed many excellent and well-qualified candidates, both DO’s and MD’s. This is the second year radiology has participated in the NRMP match. We look forward to receiving the results in March 2020.

While the program has been reviewing applications, one of our own has been submitting his own applications.

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BETTER FOOD, BETTER HEALTH

Gem City Market Breaks Ground, with Plans for an Innovative Teaching Kitchen

No one ever said that opening a grocery store in a food desert would be easy, but after almost four years of planning, community leaders recently broke ground on the project in the 300-400 block of Salem Avenue in Dayton.

Among the market’s most enthusiastic supporters is Josie Elrod, DO, a family physician who leads the Integrative Culinary Medicine (ICM) program at Grandview Medical Center. When the market opens in the fall of 2020, it will feature a fully equipped Teaching Kitchen and serve as the ICM program’s new home.

Here, Dr. Elrod talks about how the partnership between the ICM program and Gem City Market could help transform the way people cook, eat, and live in Dayton and beyond.

What is Gem City Market?

Gem City Market is a community and worker owned grocery store that will be less than a mile from Grandview Medical Center. It will provide healthy food options in Dayton’s food desert. It is also the future site of the Teaching Kitchen which will have six fully equipped cooking stations and large tables for education and gatherings. The kitchen will be a place for hands-on community classes and wellness events as well as educational programs for the medical community and Integrative Culinary Medicine Program.

How will Grandview Medical Center be involved?

The Grandview Foundation cares deeply for the health and wellness of the community and has been a huge proponent for the Gem City Market and Teaching Kitchen. Last year, the Foundation raised $250,000 to build out and name the Kitchen. The collaboration means a lot for the future of the Integrative Culinary Medicine program and its goal to have its students become the teachers. The Grandview Foundation Teaching Kitchen at the market will provide the setting for health professionals to become more involved in their communities by hosting community classes, health fairs, and cooking demonstrations, all in an effort to help community members learn about and enjoy eating healthy food.

What is the Integrative Culinary Medicine Program?

The ICM program is a course developed for Grandview Medical Residents and University of Dayton Dietetics Students to teach nutrition and lifestyle techniques to treat, prevent, and reverse chronic diseases. Classes cover nutrition education, societal factors that influence nutrition in our country, and guidance on how to help patients make better food and lifestyle choices.

The program consists of 3 parts including monthly lectures, monthly journal article readings from the most up-to-date research, and the Teaching Kitchen of which the students attend 2 per year. Topics include the anti-inflammatory diet, food allergy, Celiac Disease, and dietary changes that can help prevent
and treat cancer, dementia, and other chronic diseases. We also discuss mindfulness and motivational interviewing skills.

**Can other people take the course?**

Right now, Integrative Culinary Medicine is only offered to Grandview Residents and University of Dayton Dietetics Students, but I am working with Dr. Jennifer Dalton, Director of the UD Didactic Program in Dietetics, to create an ICM certificate course for Continuing Medical Education credit. The course will have an online component and include labs at the Grandview Foundation Teaching Kitchen. We hope to begin offering it in Fall 2020.

**How could physicians benefit from this course?**

We started the Integrative Culinary Medicine program because, despite huge advances in technology and medicine, we are becoming less healthy, taking more medications, spending more money on health care, and our life expectancies are actually decreasing. Physicians, nurses, dietitians, and other healthcare providers need to take a lead role in turning this epidemic around.

Medical schools have been inadequate in teaching nutrition and lifestyle techniques. This course provides not only the most up-to-date information in this booming area of research but helps us better understand the challenges our patients face and how to address those.

To learn more about ICM, contact Josie.Elrod@ketteringhealth.org; to learn more about Gem City Market, visit gemcitymarket.com

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**RESIDENCY PROGRAM UPDATES**

**General Surgery**

The Foundation hosted its first alumni reunion for graduates of Grandview’s General Surgery program during the ACOS conference in Colorado Springs. The event was held at the Broadmoor’s Golden Bee English Pub, and the turnout was incredible! Graduates and guests enjoyed reconnecting and reminiscing about the “good old days” at Grandview.

Dr. Danielle Saldana and Dr. Wesley Johnson presented posters at the American College of Osteopathic Surgeons (ACOS) Annual Clinical Assembly (ACA) in October. Drs. Saldana and Johnson also received their recertification for Advanced Trauma Life Support (ATLS).

Congratulations to Grandview General Surgery Alumni who were inducted into the Fellow American College of Osteopathic Surgeons (FACOS): Todd Fridley, DO (2015), Edward Caldwell, DO (2014), and Annika Storey, DO (2014).

Grandview Alum Edward Caldwell, DO received an award for the highest Oral Surgery Board Score in the Country. Dr. Caldwell is a Vascular Surgeon practicing in Cincinnati and Northern Kentucky.

A group of great friends (and surgeons) enjoyed the opportunity to celebrate together again; pictured from left to right are Dr. Chris Rogers, Dr. Bob Keighley, Dr. Dale Brancel, Dr. Ben Russell, Dr. Steve Greer, Dr. Dave Bruce and Dr. John Zopfi.

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**TEAM BUILDING EXERCISES:** Grandview surgery residents work hard – but the group recently participated in fun team building exercises to focus on their well-being. A great time was had by all at Axe Throwing, LLC and Breakout Dayton!
RESIDENCY PROGRAM UPDATES

Family Medicine

Interview season is here, and the family medicine residency has a record number of applicants for the 2020-2021 academic class. Over 500 applications have been received to fill five PGY-1 positions.

Family Medicine residents are enjoying the Integrative Culinary Medicine curriculum and hands-on teaching kitchens. Pictured at right are Sean Johnson, DO and Shivam Kedia, DO at the November 2019 session focused on Celiac Disease. Auditioning fourth year medical students have had the opportunity to attend teaching kitchens and experience this unique component of Grandview’s FM program.

Three FM residents recently participated on a Mission trip to Honduras. Faculty member Micah Davis, DO, accompanied residents Janna Quilling, Sean Johnson and Cory Thomas on this unique educational experience, which is funded by grants from the Grandview Foundation and FPRR. Over their six days of clinics, the team cared for over 2,000 patients spread across five villages. This is the most patients seen during the course of a week in this trip’s history.

RESIDENCY PROGRAM UPDATES

Neurology

Dr. Doug Pugar and Dr. Ken Pugar recently co-authored a Dementia Update in the November 15, 2019 monograph of Emergency Medicine Reports.

Emergency Medicine Reports (EMR) provides up-to-date information for emergency room physicians; each issue focuses on a single, relevant clinical topic and includes the latest information on treatment protocols and diagnostic methods. EMR is practical, evidence-based and peer-reviewed to ensure top-notch learning.

RESIDENCY PROGRAM UPDATES

Internal Medicine

Kudos to the Internal Medicine Residency program for achieving Initial Osteopathic Recognition from the ACGME!

The internal medicine program completed a detailed application explaining their dedication to osteopathic clinical education through means of resources, faculty, requirements, and use of osteopathic principles and practice. While the osteopathic approach has been taught within the program since its creation, the recognition from the ACGME allows the program to recruit both DO and MD graduates seeking a residency with an osteopathic approach.

Dr. Gregory Volk and Dr. Rachel Mast accompanied PGY-2 Internal Medicine Residents to the American College of Osteopathic Internists (ACOI) 2019 Annual Convention & Scientific Sessions that occurred on October 30-November 3, 2019 in Phoenix, AZ.

Brandon Ryhlick, DO, PGY-2, and Kwame Sarkodie, DO, PGY-2 presented to the Law & Leadership Institute at the University of Dayton School of Law (UDSL). They discussed the importance of health, fitness, and a dedication to knowledge with 9th & 10th grade students from the Greater Dayton Area public schools. This presentation occurred during a 5-week youth Law and Leadership Institute at the Law School to help them prepare for State Mock Trial Competitions. The students were given wellness kits containing tissues, hand sanitizer, and lip balm that was provided by the Grandview Foundation.

RADIOLOGY

Continued from page 3

Third year resident Nick D’Alelio, DO has announced his intent to pursue a fellowship in Neuroradiology. Dr. Jenn Evans, our Chief resident is preparing for her upcoming transition to a Musculoskeletal Radiology Fellowship position at the Mayo Clinic in Minnesota. Please join us in wishing them the best as they pursue opportunities to further their careers in Diagnostic Radiology.
Year End Gifts Support Graduate Medical Education

Your donations help fund Grandview’s exceptional medical education training programs. All 12 residency programs have achieved ACGME initial accreditation, and with the Foundation’s support, are meeting higher standards for research and scholarly activity. Most recently, the Foundation completed a top to bottom renovation of the medical education building on Grandview’s campus. A million dollar gift from donors Mary and Harold Rieck was matched by the Foundation to completely modernize classroom and auditorium technology and furnishings, enhance connectivity and access to online resources, and create inviting study spaces for medical students, residents and fellow. The Foundation also funded a state of the art surgical skills lab on Southview’s campus, named in honor of Russ Wetherell, former president of both Grandview and Southview Hospitals. Foundation resources also support protected academic time for faculty, programs such as Integrative Culinary Medicine and resident attendance at conferences, participation in mission trips across the globe — to name just a few.

Please make a gift today to continue the important work of the Grandview Foundation— because Excellence Never Graduates ketteringhealth.org/givegrandview