A note from the Grandview Foundation’s Board Chairman, Kenneth B. Pugar, DO

This year the Grandview Foundation celebrates its 20-year anniversary. Over the past two decades, the Foundation has invested over $30 million dollars in programs, faculty development, research and educational facilities to create an even better Grandview and training experience for residents. We have fostered the transition of Grandview’s residency programs from AOA to ACGME accreditation, and enhanced the research and scholarly activity of our residents and faculty. We have provided funds to renovate each residency clinic at Grandview and Southview, transformed the medical library and education building at Grandview and constructed a state of the art Surgical Skills Center at Southview.

Our goal for the next decade is to continue supporting osteopathically-focused graduate medical education at Grandview and Southview so we maintain our legacy of graduating the best residents in the country. To do this, we need the help of our alumni network. Over the next few years, we want to foster engagement of our graduates back to where we all started — at Grandview and Southview Hospitals.

I am so proud to be associated with Grandview and its teaching programs; and my work as Chairman of the GV Foundation board is one of the highlights of my career. I know you are proud of your Grandview heritage, too — and I look forward to connecting with you in this newsletter and at your professional conferences around the country.

Please consider a gift to support Grandview Foundation’s educational mission— for the next 20 years! You can donate today at KetteringHealth.org/givegrandview.
Eagle Seekers Nets $220,000 to “Grow a DO”

The 2019 Eagle Seekers event at Dayton Country Club on August 12 was a huge success, netting over $220,000 to support the educational mission of the Grandview Foundation.

The theme of this annual fundraiser was “Grow a D.O.” Proceeds are supporting graduate medical education in the following ways:

- Funding a $1,000 education stipend for each resident to use for books, conference-related travel, and research projects during residency ($130,000, $35,000 annual commitment 2020 and beyond);
- Purchasing a new GI Bronch Mentor simulator for the Wetherell Skills Lab at Southview ($52,000);
- The remaining proceeds will be split to support resident recruiting, wellness and community outreach ($38,000).

“To recruit and train the highest quality residents, we must stay competitive with other residency programs throughout the country,” said Kelly Fackel, vice president for development at Grandview Medical Center. “With generous support from previous Eagle Seekers events, Grandview already has invested a great deal in its medical education facilities, including renovations to the Rieck Center and upgrades to the skills lab. It’s great to see medical staff and Grandview employees come together to support projects like this each year through Eagle Seekers.”

Research Spotlight

Cross-program cooperation between orthopedics and radiology resulted in the publication of an article titled “The Effect of Instrumentation on Patient and Surgical Team Scatter Radiation Exposure Using Mini C-Arm in a Simulated Forearm Fracture Fixation Model” in the recent issue of the Journal of the American Academy of Orthopaedic Surgeons. Congratulations to the authors – recent ortho graduate Michael Groover, DO, Ortho program director Dr. Brent Bamberger and Radiology program director, Dr. Roland (Randy) Gazaille.

Exciting Research Initiatives Underway at Grandview and Southview

Research support and education at Grandview and Southview has been ramping up for the new academic calendar with each program committed to increasing research and scholarly activity. All programs have now incorporated research education into their residency training; many programs have regular research meetings to discuss ongoing projects and to develop new ideas. To kick off, the Network Research Bootcamp was held this fall at Grandview and was well attended by over 30 Grandview residents and 6 program directors and assistant program directors. The Bootcamp provided attendees with the fundamental background to conduct research within a residency program and practical ideas to increase research and scholarly activity. Additionally, the research department will be hosting a Medical and Scientific Writer’s Workshop on February 5th and the Network Research Symposium on April 17th to showcase all of the research accomplishments. The Grandview Foundation was an early investor in Grandview and Southview’s new research efforts, funding $55,000 in startup costs to hire Stephanie Balsom, research coordinator, to support our resident and faculty research needs.
RESIDENCY PROGRAM UPDATE

Internal Medicine

Under the leadership of program director Greggory Volk, DO, the Internal Medicine residency achieved Initial, and now Continued Accreditation with the ACGME. The program is pleased to have recently expanded its core faculty to 4 physicians; joining Dr. Volk, Dr. Carla Myers, and assistant program director Dr. Chelsea Nicholson, is Justin Thomas, DO. Dr. Thomas is a graduate of Grandview’s IM residency and practiced for 2 years locally; he is thrilled to return to Grandview to teach. Justin’s wife, Laine Sommers, DO, is an alumnus of Grandview’s Family Medicine program and practices in the Dayton area.

Grandview’s IM residents undertook an ambitious project this year, targeted to reach members of the underserved community in west and northwest Dayton. Past Chief Resident Angelle Loges, DO, developed a research study based on a New England Journal of Medicine article about successful outreach efforts in black barber shops to treat and reduce high blood pressure amongst patrons. With the support of fellow resident Lindsey Davis, DO, two community health fairs were designed and conducted — one at Cassano Health Center and another at St. Margaret’s Episcopal Church in Trotwood. Patients at each clinic were provided A1C and cholesterol screenings, medication review with a pharmacist, and one on one consultation with an IM resident to review health history.

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RESIDENCY PROGRAM UPDATE

General Surgery

The General Surgery residency program received Initial Accreditation from the Accreditation Council for Graduate Medical Education (ACGME), we hope the residency will be granted Continued Accreditation within the next year.

In June, the program graduated two outstanding surgeons, Joshua Morgan, DO and Michael Trace Stafford, DO. Dr. Morgan stayed in Dayton to join Kettering Physician Network and practice with Drs. Michael Elrod, Andrew Archer, Jordan Brown and Paul Levy at First Surgical Care. Dr. Stafford joined Surgical Associates of South Alabama, P.C. in Brewton, Alabama. We welcomed two new residents this summer — Zachary Floyd, DO and Matthew Hamilton, DO. Dr. Floyd is a native of St. Louis, and Dr. Hamilton hails from Youngstown, Ohio.

General Surgery faculty and residents are increasing scholarly activity to meet the new demands of ACGME. Seven faculty members have research projects underway, and residents will continue meeting poster requirements at local, state or national conferences. The residents have been enjoying their time in the new skills lab at Southview. This incredible facility offers residents the opportunity to rehearse new techniques prior to using them in the OR. Recent labs have helped residents hone their skills in the areas of rib plating, emergent airway, emergency department resuscitative thoracotomy lab and wound closures.

RESIDENCY PROGRAM UPDATE

Family Medicine

The FM residency program is very proud of its 2019 graduation class. Megan Dorsak, DO and Megan Kindred, DO stayed in Dayton and joined Pri-Med Beavercreek Family Practice. The remaining graduates are Avalon Elliott, DO (IHA Family & Internal Medicine in West Ann Arbor, MI); Haileigh Ross, DO (Addiction Medicine Fellowship at Grant Medical Center in Columbus) and Victoria Delbono, DO (Headache Fellowship in Philadelphia).

The Family Medicine program has formed a Wellness Committee to encourage a culture of health and wellness amongst residents and faculty. Building off Stanford’s model, the committee is working to promote wellness activities like yoga classes, social outings and meditation and mindfulness; and to discover efficiencies in practice which reduce burnout on the job and build resiliency. The overarching goal of the wellness committee is to undertake activities and projects which lead to personal and professional fulfillment for our residents and faculty – the WHY they chose a career in medicine.

Save the date for the annual FPRR conference – February 21-23, 2020.

Nick Wolters, RPharm, Chelsea Nicholson, DO and Lindsey Davis, DO (R3) are poised to register patients for the community outreach clinic at Cassano.

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RESIDENCY PROGRAM UPDATE

OB/GYN

The OB/GYN residency program has initial accreditation and is awaiting the results of the ACGME site visit which occurred in July. A decision is anticipated in February 2020. Meanwhile, improvements triggered by new ACGME requirements have been made at Southview! The residents have a new study and sleep area, a computer and printer and other amenities to help make their studies more productive.

Congratulations to recent graduate Dr. Catherine Caponero! Her research abstract entitled “The Effect of Video Education on Skin-to-Skin at the Time of Delivery” was selected as the top abstract for District V for oral presentation at the 2018 ACOG District V & VII Annual Meeting. Dr. Caponero is practicing at the Cleveland Clinic.

RESIDENCY PROGRAM UPDATE

Radiology

The Diagnostic Radiology Residency Program recently received funding from Kettering Health Network to increase the size of its program. The program now offers 2 positions per year in the NRMP match, which allows the program to meet the minimum size requirement for an ACGME accredited radiology residency program.

In July, the program welcomed our first allopathic resident to the program, Jessica Blaza, MD. Dr Blaza completed her Transitional Year at Kettering Medical Center and is a graduate of Loma Linda School of Medicine. Our most recent graduate, Rachel Shikhman, DO has undertaken a Breast/Women’s Imaging fellowship at Case Western University in Cleveland, Ohio. Our current Chief Resident, Jenn Evans, DO has accepted a Musculoskeletal Radiology fellowship position at the Mayo Clinic in Minnesota.

The program recently underwent a full ACGME site visit for Continued Accreditation after having achieved Initial Accreditation two years ago. The ACGME Radiology Residency Review Committee (RRC) official response on the matter is expected sometime in early 2020. The program continues to be committed to fostering multidisciplinary educational experiences and scholarly activity throughout the Kettering Health Network.
RESIDENCY PROGRAM UPDATE
Orthopedic Surgery

Congratulations to the following graduates who have moved on to fellowships: Ryan Tarr, DO – Hand fellow at Jefferson University in Philadelphia; Jerrod Steimle, DO – Trauma fellows at Grant Medical Center in Columbus; and Brandon Kohrs, DO – Elbow and Shoulder fellow at Mercy in Cincinnati. Welcome to our new Interns: David Houserman, Jesse Raszewski and Chase Stastny; and two new Hand Fellows: Daniel Buchan and Nathan Fisher. Congratulations to Brian Handal, our new representative on the Resident Advisory Committee.

The Ortho residents hosted their first “Business of Medicine” Symposium in May at Grandview’s Rieck Center for Osteopathic Medical Education. Dr. Jerrod Steimle pulled together a terrific session addressing topics such as contract negotiations, the job search, and medical malpractice. Special Speakers included Jeana M. Singleton, with Brennan, Manna and Diamond.

The Orthopedic Surgery program also hosted its second “Hand Day” at Southview in September. Six surgeries were performed for patients in need, including ganglions, carpal tunnel releases and trigger finger releases. Dr. Bamberger, Dr. Dann, our 2 hand fellows – Nate Fischer and Dan Buchan, volunteered, along with the tremendous staff at the Southview Hand Center. Dr. Emily Tan (R4) helped organize the event and lectured afterwards on “What I learned from Hand Day.”

Faculty are actively engaged in research and scholarly activity. Dr. Brent Bamberger moderated 2 sessions of the ASSH Annual Meeting in Las Vegas. Topics included Mimics of Carpal Tunnel Syndrome and “An Upper Extremity Primer for Advanced Midlevel Providers. Dr. Bamberger has also been selected as a speaker for the upcoming AOA 2020 Annual Leadership Meetings in Baltimore; his Abstract Title: is “Are We Training General Orthopedic Surgeons or Subspecialist? A survey of osteopathic graduates.”

The Southview Hand Center team relaxes after volunteering for Hand Day.

EMERGENCY MEDICINE from page 1

a retired Colonel from the Air Force, and is board certified and fellowship trained in toxicology. Dr. Pennington is fellowship trained in point of care ultrasound. We are thrilled to have them join our faculty.

In other news, the program’s recent graduates Blaine Evans, DO and Keri Childers, DO stayed in Dayton, but joined the medical staff at another hospital system. Dr. Adam Wiercinski moved to Denver. One of the residents’ favorite faculty members, Dr. David Lazenby, decided to move his family back home to Arizona in June.

Healthy and simple recipes were demonstrated by Dr. Josie Elrod and medical students. Patients took home giveaways, recipes and a Meijer gift card to shop for healthy ingredients.

The residents learned some important lessons while hosting these clinics at 2 different sites; it is more effective to meet people where they are, rather than expecting them to come to you; without coaching or education, patients don’t have the tools they need to make healthy decisions; and the influence of a trusted community leader, such as a Pastor, can increase compliance.

The residents would like to continue giving back to the Dayton community. Co-leader Dr. Lindsey Davis observed “there are many people in this nation and even our city of Dayton who do not have the help they need to manage their health. The underserved need us more than anyone. The impact of making even small changes now is huge in the grand scheme of life. It’s humbling to think about how addressing someone’s high blood pressure and sugars now could save their life later, and prevent complications like heart attacks, strokes, and kidney disease.”

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Please support the Foundation

As DOs, you remember the pledge you took — and the call you heard — to join the osteopathic profession. Please consider supporting the Grandview Foundation, which is dedicated to perpetuating graduate medical education training that is fundamental to the future of the physicians who follow in your footsteps. Your contributions can be restricted for the purpose you choose — and never go to support Foundation operating costs or salaries.

The Osteopathic Pledge

I pledge to: Provide compassionate, quality care to my patients; Partner with them to promote health; Display integrity and professionalism throughout my career; Advance the philosophy, practice and science of osteopathic medicine; Continue life-long learning; Support my profession with loyalty in action, word and deed; and live each day as an example of what an osteopathic physician should be.

Please contribute to keep your pledge alive — the Grandview Foundation is committed to enhancing osteopathic medical education for the long term.

Donors can make gifts ONLINE at KetteringHealth.org/givegrandview or use the donation envelope provided.