



Troy Hospital Implementation Strategies 2021 – 2022

Mission & Vision

Our Mission:

To improve the quality of life of the people in the communities we serve through health care and education.

Our Vision:

Kettering Health Network (KHN) will be recognized as the leader in transforming the health care experience.

Our Values:

Trustworthy
Innovative
Caring
Competent
Collaborative

Communities Served

Miami County in Ohio

Prioritized Community Health Needs

Priorities

The priorities for Troy Hospital are the top community health needs identified in the Community Health Needs Assessment (CHNA):

Mental health, including substance abuse
Access to care and/or services, including food insecurity and infant mortality
Chronic disease
Healthy behaviors

Significant Health Needs to be Addressed

Implementation Strategies, listed on the following pages, address all the above prioritized health needs.

Significant Health Needs Not Addressed

Not applicable.

Process for Strategy Development

Bev Knapp, VP of Clinical Integration and Innovation, PJ Brafford, Network Government Affairs Officer, and Molly Hallock, Program Coordinator, Community Benefit convened internal stakeholders to ratify the priorities and to develop strategies. Strategies were discussed in several meetings to identify best-practices and evidence-based responses for each priority area. Preferred strategies

- Reflect the values and faith-based culture of Kettering Health Network;
- Increase or leverage connections with community-based organizations; and
- Promote alignment and integration with state and local public health priorities.

Listed below are the meeting dates and attendees.

August 10, 2020

Eric Lunde, President, Troy Hospital
Bev Knapp, VP of Clinical Integration and Innovation
PJ Brafford, Government Affairs Officer
Molly Hallock, Community Benefit Coordinator

August 31, 2020

Eric Lunde, President, Troy Hospital
Bev Knapp, VP of Clinical Integration and Innovation
PJ Brafford, Government Affairs Officer
Molly Hallock, Community Benefit Coordinator
Caitlin Benson, RN Acute Care Management
Tina Mayberry, Manager Clinical Nursing

September 28, 2020

Eric Lunde, President, Troy Hospital
Bev Knapp, VP of Clinical Integration and Innovation
PJ Brafford, Government Affairs Officer
Molly Hallock, Community Benefit Coordinator
Tina Mayberry, Manager Clinical Nursing

October 5, 2020

Eric Lunde, President, Troy Hospital
Bev Knapp, VP of Clinical Integration and Innovation
PJ Brafford, Government Affairs Officer
Molly Hallock, Community Benefit Coordinator
Tina Mayberry, Manager Clinical Nursing

October 16, 2020

Eric Lunde, President, Troy Hospital
Bev Knapp, VP of Clinical Integration and Innovation
PJ Brafford, Government Affairs Officer
Molly Hallock, Community Benefit Coordinator
Caitlin Benson, RN Acute Care Management

The hospital committee finalized its implementation strategies in October 2020. Senior leaders at the hospital approved final versions before presenting the implementation strategies to the Board of Directors in November 2020.

Troy Hospital is a new resident of Miami County, and will continue to explore and learn about the community and potential collaborators/initiatives. Several strategies are contingent on community involvement and partnerships for their eventual success. Traditionally, hospitals have not shared responsibility for health outcomes with external partners. However, the potential for broad-based and tangible improvements is worth the increased effort and resourcing, as expanded information-sharing is the most viable path forward to heightened community health. Additionally, as robust community partnerships develop, a secondary advantage will be the ability to respond swiftly to community health changes/crises.

Description of Strategies

A table with more details is provided on pages 5-6. It includes information about measuring impact, timing, resources, and collaborating partners to accomplish the activities.

Congregational Health

Current evidence supports the effectiveness of congregational health, or health interventions led by faith-based organizations, in disease prevention, increasing healthy behaviors, and more effective health maintenance. *County Health Rankings* classifies these interventions near the top of their rating scale for evidence-based programming. Building on the trusting relationship people have with their church, faith leader, etc. is the key to success. Relationship building is foundational to this approach, and the program will start with congregations that have already expressed interest. The approximate cost in the pilot year will be \$3,400 per church.

OneFifteen

OneFifteen is a new nonprofit health initiative. It is dedicated to the full and sustained recovery of people suffering from opioid addiction. Its campus will expand treatment options in the region, and it will have a treatment center (inpatient and outpatient), rehabilitation housing, and wrap-around services. Kettering hospitals will make referrals and are partners with Premier Health Partners. Kettering Health Network has committed \$2 million per year for three years.

2-1-1 Line

This line is established as a means to connecting Miami county residents to local health and human services resources. The goal is to promote all resources and to reduce health inequities that arise from lack of awareness. Approximately 60 agencies are promoted. The 211 line and website are fully operational 24 hours a day, 7 days a week for residents of Miami County. Troy Hospital supports the funding maintenance of this hotline.

Miami County Community Coalition

Troy Hospital is a new resident to Miami County and is steadfast in its exploration of community partners and relationship-building to promote meaningful change in the community. The president of Troy Hospital will join other leaders from interested organizations in Miami County to meet and establish goals, as well as the development of actionable plans to serve the community. Participants currently include The Troy Foundation, Health Partners Free Clinic, Upper Valley Medical Center and Public Health Miami County, among others.

Trauma Response Training

Trauma Response Training developed on the heels two horrific incidents in the greater Dayton area, as well as a global pandemic. In 2019, multiple tornadoes devastated highly populated areas in and around Dayton and a mass shooting claimed nine lives and injured 27 people in The Oregon District. Kettering Behavioral Medicine Center received requests for training and support to increase community awareness on the impact of trauma on mental health. Trauma response needs have continued to grow as parents, families, and schools continue navigating the effect of COVID-19 on our society. Kettering Behavioral Medical Center continues to conduct trauma response training upon request, and actively promotes the training's outcomes and benefits to community organizations.

After the Call

After the Call is an intensive outpatient program specializing in first responder behavioral health. First responders face daily challenges and stress during long shifts-they should not have to face those same circumstances when they are seeking behavioral health care. After the Call is here to help first responders manage their anxiety, cope with daily stressors, and help process in a supportive environment.

Implementation Strategies

| Priority Issue(s) | Strategy | Evaluation of Impact | Resources | | Timing | Collaboration |
|---|--|---|--|--|--------|--|
| | | | Financial | Staffing | | |
| Access to Care/Services, Chronic Disease, and Healthy Behaviors | <u>Congregational Health</u> : Deepen connection with 108 congregations who have opted-in to e-newsletter. Offer program that addresses health concerns of congregation (body, mind & spirit). | # lunches with pastors. # of congregations approached/willing to participate. Development of health goals and/or health committee. # of screening and/or education events. | Approx. cost for one program per church in pilot year = \$3,400. | 0.5 to 1.0 FTE in year one | 2021 | Congregations in Miami County |
| Access to Care/Services, Health Behaviors | <u>211 Line</u> Support the 211 system that promotes health and social services resources | Track the number of calls, website hits and determine greatest needs | \$3,000-\$5,000 | N/A | 2022 | United Way of Miami County |
| Chronic Disease, Access to Care/Services | 1) Troy Community Coalition Bring community entities together to identify common goals and develop action plans | Determine the direction of the group and define the goals | 1) In-kind donation is \$16,320 annually | 0.05 of Troy Hospital President's time and 0.05 of FTE; monthly meetings | 2021 | Troy Foundation, Health Partners Free Clinic, PHMC, UVMC |

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|--|---|--|---|---|--|--|
| <p>Mental Health, Substance Abuse, Access to Care/Services</p> | <p>1) Addiction Treatment: Support of, and referrals of Medicaid and uninsured patients to, OneFifteen's inpatient, outpatient, and housing initiative.</p> <p>2) Trauma Response Training: Provide training and/or support groups in the community to increase awareness of trauma's impact on mental health.</p> <p>3) After the Call: Off this intensive outpatient program (IOP) for fire fighters, paramedics, and police.</p> | <p>85% of patients will have a community-based visit within 30 days of evaluation. 80% will have barriers to care addressed. 75% initiate treatment within 30 days of evaluation. 70% have naloxone training and access to kit. 65% of appointments kept.</p> <p>2) # of requests for training. # of training events.</p> <p>3) # of programs offered, # of first responders served.</p> | <p>1) KHN donating \$2 million/year for 3 years. In-kind donation is \$38,760 annually.</p> | <p>1) KHN executives donating time monthly, and a VP and COO serve on Board.</p> <p>3) 1-2 additional FTEs are required for After the Call.</p> | <p>1) Opening in 2019. Full campus completed in 2020.</p> <p>2) Ongoing, as need is present.</p> <p>3) Offer the program in 2021</p> | <p>1) Verily-OneFifteen, Premier Health Partners, and Samaritan Behavioral Health, Inc.</p> <p>2) Kettering Behavioral Medical Center</p> <p>3) International Association of Fire Fighters</p> |
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Accountability

The Hospital President will be responsible for ensuring progress on the measures used to evaluate the impact of each strategy. Periodic updates will ensure strategies stay on target. Annually hospital executive and board members will receive progress reports.

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Date approved by Kettering Health Network Board of Directors